

## Syllabus

for course at second level

**Prevention, intervention och hälsofrämjande insatser**  
**Prevention, intervention and health promotion**

**7.5 Higher Education Credits**  
**7.5 ECTS credits**

<b>Course code:</b>	PH18A1
<b>Valid from:</b>	Autumn 2025
<b>Date of approval:</b>	2025-03-04
<b>Changed:</b>	2025-03-12
<b>Department:</b>	Department of Public Health Sciences
<b>Subject group:</b>	Public Health
<b>Specialisation:</b>	A1N - Second cycle, has only first-cycle course/s as entry requirements
<b>Main field:</b>	Public Health Sciences

### Decision

Finalized by: Styrelsen vid Institutionen för folkhälsovetenskap, 2025-03-04

### Prerequisites and special admittance requirements

A degree comprising at least 180 credits, as well as English proficiency equivalent to English 6.

### Course structure

Examination code	Name	Higher Education Credits
1831	Examination I. Individual oral exam	7.5

### Course content

The course provides knowledge of general methods for prevention, intervention and health promotion interventions for various public health problems. The purpose is to provide the student with knowledge of and tools for motivational enhancement interventions, attitude change and behavioral change. The course addresses the suitability of providing interventions within the framework of different arenas (e.g. schools and workplaces). The course focuses both on practical examples regarding effective methods in the field and on theoretical knowledge that is necessary to be able to understand and apply relevant methods. After completing the course, the student will have a general theoretical and practical knowledge in the field and be able to describe and compare different methods in the field.

### Learning outcomes

In order to receive a passing grade on the course, the student should be able to:

#### *Knowledge and understanding*

1. Describe, explain and contrast common concepts and methods within the field of prevention, intervention, and health promotion.

### *Skills and abilities*

2. Reflect upon the potential effect of prevention, intervention, and health promotion.

### *Judgement and approach*

3. Demonstrate knowledge about and assess different areas for prevention, intervention, and health promotion.

## **Education**

The teaching will be based on lectures and seminars.

Participation in the seminars is mandatory. In case of absence, the student will be given compensatory assignments.

The course will be taught in English.

## **Forms of examination**

a) Forms of examination

### *Examination I. Individual oral exam, 7.5 hp*

Learning outcome 1-3 are examined through an individual oral exam. Grading will be based on a goal-oriented scale of A to F.

### *Course requirements*

The course includes a mandatory group work that is presented orally at a seminar. Absence or insufficient participation in the group work and the oral presentation is compensated through a compensatory assignment.

### *Language*

The examination will be in English.

### *Certificate of disability study support*

For students who have a certificate from Stockholm University with a recommendation for disability study support, the examiner can decide to customize the teaching, give a customized test or let the student complete the test in an alternative way.

b) Course grade

The course grade will be given as follows:

A = Excellent

B = Very good

C = Good

D = Adequate

E = Sufficient

Fail grades

Fx = Inadequate

F = Wholly inadequate

c) Grading criteria

The grading criteria will be presented to the students in writing when the course begins.

d) Final grade

In order to receive a passing grade in the course, the student must receive a passing grade for Examination I, having fulfilled the course requirements and attendance requirements for the seminars.

If there are special reasons, the examiner may, after consultation with the responsible teacher, grant the student exemption from the obligation to participate in certain mandatory teaching or completion of mandatory parts. The student can then be assigned a compensation assignment.

e) Examinations

For each time the course is taught, at least three examinations must normally be offered within one year. In a year when the course is not taught, at least one examination must be offered.

Two examinations are offered each time course is taught. For terms when the course is not taught, one examination is offered.

Students who receive a failing grade two consecutive times from the same examiner have the right to request a different examiner to grade the examination. This request should be made to the Director of Studies.

Students who receive an E or higher grade may not be re-examined for the purpose of improving the grade received.

f) Supplementary revisions

Supplementary revisions should be submitted within a week after the examiner has announced the need for revision.

*Examination I*

It is possible to make a revision of an Fx grade to a passing grade, if the student is close to passing.

The passing grades A-E may be received for supplementary revisions that are related to formality errors or concern a specific part of the examination.

The passing grade E may be received for supplementary revisions that reflect problems related to the more basic understanding of the material presented in the course.

If the supplementary revision of the grade Fx does not meet the requirements for a passing grade, the grade F is received.

### **Limitations**

The course can not be included in the same degree as another course which content fully or partially overlaps with the content of this course.

### **Misc**

Plagiarism, cheating (including illicit use of AI-chat bots), and self-plagiarism is prohibited in all parts of the course. Suspicion of such cases is reported to the Disciplinary Board at Stockholm University.