

Literature list

for course at second level

Prevention, intervention och hälsofrämjande insatser
Prevention, intervention and health promotion

7.5 Higher Education Credits
7.5 ECTS credits

Course code: PH18A1
Valid from: Autumn 2025
Date of approval: 2025-04-08

Literature

Required reading

Barbosa, C., McKnight-Eily, L. R., Grosse, S. D., & Bray, J. (2020). Alcohol screening and brief intervention in emergency departments: Review of the impact on healthcare costs and utilization. *Journal of substance abuse treatment*, 117, 108096.

Beyer, F. R., Campbell, F., Bertholet, N., Daepfen, J. B., Saunders, J. B., Pienaar, E. D., ... & Kaner, E. F. S. (2019). The Cochrane 2018 review on brief interventions in primary care for hazardous and harmful alcohol consumption: a distillation for clinicians and policy makers. *Alcohol and alcoholism*, 54(4), 417-427.

Carr, A., Cullen, K., Keeney, C., Canning, C., Mooney, O., Chinseallaigh, E., & O'Dowd, A. (2020). Effectiveness of positive psychology interventions: a systematic review and meta-analysis. *The Journal of Positive Psychology*, 1-21.

Castro, F. G., Barrera, M., & Martinez, C. R. (2004). The cultural adaptation of prevention interventions: Resolving tensions between fidelity and fit. *Prevention science*, 5(1), 41-45.

Elder, J. P., Ayala, G. X., & Harris, S. (1999). Theories and intervention approaches to health-behavior change in primary care. *American journal of preventive medicine*, 17(4), 275-284.

Eichas, K., Ferrer-Wreder, L., & Olsson, T. M. (2019). Contributions of positive youth development to intervention science. *Child & Youth Care Forum*, 48(2), 279-287.
doi: <http://dx.doi.org/10.1007/s10566-018-09486-1>

EMCDDA. (2019). *European Prevention Curriculum: A handbook for decision-makers, opinion-makers and policy-makers in science-based prevention of substance use*.

Gass, J. C., Funderburk, J. S., Shepardson, R., Kosiba, J. D., Rodriguez, L., & Maisto, S. A. (2021). The use and impact of self-monitoring on substance use outcomes: A descriptive systematic review. *Substance Abuse*, 42(4), 512-526.

Houlihan, S. (2018). Dual-process models of health-related behaviour and cognition: a review of theory. *Public Health*, 156, 52-59.

Kumpfer, K. L., Alvarado, R., & Whiteside, H. O. (2003). Family-based interventions for substance use and misuse prevention. *Substance use & misuse*, 38(11-13), 1759-1787.

Mann, J. J., Michel, C. A., & Auerbach, R. P. (2021). Improving suicide prevention through evidence-based strategies: a systematic review. *American journal of psychiatry*, 178(7), 611-624.

Richard M. Lerner, Elizabeth M. Dowling & Pamela M. Anderson (2003) Positive Youth Development: Thriving as the Basis of Personhood and Civil Society, *Applied Developmental Science*, 7:3, 172-180.

Ogden, J. (2023). *Health psychology: A textbook* (seventh edition). Selected parts: Chapters 2,7 and 14. McGraw-Hill Education.

Ramchand, R., Ahluwalia, S. C., Xenakis, L., Apaydin, E., Raaen, L., & Grimm, G. (2017). A systematic review of peer-supported interventions for health promotion and disease prevention. *Preventive Medicine*, 101, 156-170.

Ryan, R. M., & Deci, E. L. (2020). Intrinsic and extrinsic motivation from a self-determination theory perspective: Definitions, theory, practices, and future directions. *Contemporary educational psychology*, 61, 101860.

Sharpe, G., & Bay, N. (2011). A review of program theory and theory-based evaluations. *American International Journal of Contemporary Research*, 1(3), 72-75.

Savaya, R., & Waysman, M. (2005). The logic model: A tool for incorporating theory in development and evaluation of programs. *Administration in Social Work*, 29(2), 85-103.

Singh, V., Kumar, A., & Gupta, S. (2022). Mental health prevention and promotion—A narrative review. *Frontiers in psychiatry*, 13, 898009.

Sunstein, C. R. (2019). Nudging: a very short guide. *Business Economics*, 54, 127-129.

Vigna-Taglianti, F. D., Galanti, M. R., Burkhart, G., Caria, M. P., Vadrucchi, S., & Faggiano, F. (2014). “Unplugged,” a European school-based program for substance use prevention among adolescents: Overview of results from the EU-Dap trial. *New directions for youth development*, 2014(141), 67-82.